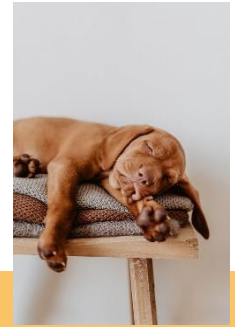


SKY WALKER: PUPPIES  
SESSION NO: 4



## HOMEWORK

### ON/OFF aka PUPPY PARKOUR

Remember what we did with the platforms? I want you to train your puppy “on” and “off” with different objects (that’s why we call it a dog parkour!). The principle stays the same: we choose an object (for example a log, stairs, low chair, or anything you see in the environment and know that your pup can reach), we lure them so they put at least their front paws (or you can start with one) on the object and reward once they do. After 5 *successful* repetitions we are going to take a wee break and the next time we are going to add verbal cues “on” and “off”.

**“On” -> show a treat above the object -> puppy puts their front/all four paws on the object -> “good pup” -> reward -> “off” -> lure them off the object**

**Homework:** Aim for at least 1 practice/day. 5 reps/practice. Keep increasing the duration of “on”, so your puppy waits for the “off” signal before jumping off the object.

### GRADUATION!!!

You all worked so hard and you all deserve to celebrate it and get rewarded! Might as well finish with some fun, so get your party hats on because the pictures will be mandatory haha (joking, but who doesn’t love a graduation picture, right?!). We will cover **smiling lead walking**, attend **the exam** and you will receive **your certificates** next week – what’s there to miss!

Just a reminder of what main skills we introduced and what you should practise until your next session:

- Reaction to the name
- Touch
- Middle
- Settle on the mat
- Loose lead walking
- Recall (short/long distance, adding distractions)
- Luring (remember, your hand and the puppy’s nose are magnets – the closer they are,

the stronger they pull!)  
- On/Off

## WHAT'S NEXT?

### Beginner Sky Walker



- one in-person class per week
- 6 weeks
- flexible timetable
- small class sizes
- mixture between indoor & outdoor classes

Book at  
[www.skywalkerspack.com](http://www.skywalkerspack.com)

### Sky Walkers Club (online learning platform)



- always growing on-demand library
- monthly challenges
- monthly Q&A's
- community group
- cancel or pause anytime

Sign up at  
[www.skywalkerspack.com](http://www.skywalkerspack.com)